

Kathryn V. Fitch

RN, MEd

Principal, Healthcare Management Consultant



CURRENT RESPONSIBILITY

Kate Fitch is a principal and healthcare management consultant in the New York office of Milliman. She joined the firm in 1999.

EXPERIENCE

Kate consults to provider groups (ACOs and IDNs) engaging in population-based alternative payment models. Consulting includes assistance with alternative payment model design, contract term review, financial feasibility modeling, and contract settlement and reconciliation. Kate led development, currently oversees, and continually enhances *ACO Insight*, a claims-based reporting tool that provides 50+ Medicare ACOs with monthly on-line reporting. This reporting tool identifies opportunities on how to more efficiently manage the cost and quality of care of ACO populations. Additionally, Kate led development and currently oversees the bundled payment interface tool that serves 200+ hospitals in the Medicare BPCIA, CJR, and OCM bundled payment programs.

Kate also developed and manages the health outcomes research practice in the New York office. She consults to pharmaceutical companies, medical device manufacturers, healthcare industry trade organizations, and disease and medical management vendors with a focus on quantifying and communicating the financial value of particular products and services. Many of the projects involve combining epidemiological data, clinical trial outcomes, payer claim data, and benefit design to produce metrics for actuarial modeling.

Prior to joining Milliman, Kate worked for a case management company, where she developed the company's case manager training and education program. She was previously an instructor in the undergraduate nursing program at Columbia University School of Nursing. Prior to that, she was a research assistant at Memorial Sloane Kettering, where she was involved in nursing research studies. Kate's clinical background includes extensive experience as a registered nurse in emergency, adult inpatient, and ambulatory care units.

PRESENTATIONS AND PUBLICATIONS

In addition to being a frequent speaker at industry events, Kate is author or coauthor of numerous publicly available white papers and peer review journal publications. Her papers focus on research into health cost outcomes with topics that include diabetes, COPD, heart failure, atrial fibrillation, hepatitis C, oncology, multiple sclerosis, obesity, major depressive disorder, epilepsy, and rare diseases. Kate has published several Milliman research reports on various ACO population health topics.

EDUCATION

- BSN, Villanova University
- MA, MEd, Columbia University

